

SEN Early Years Inclusion Service

How to use a No Sign



No Sign Explained

A No sign is a useful way to visually represent to your child that they cannot engage in a certain behaviour or activity. In this section, we have given you some ideas that you can use or adapt to suit your situation.

Making a No sign:

- Print out the No sign Visual
- Cut around the circle template



- Cut out the inside sections of the No sign



- If possible, laminate the No sign for added strength

How to use the No sign

The No sign can be used to stop your child engaging in an inappropriate behaviour e.g. climbing.

The No sign has to be taught to your child.

When your child is engaging in the behaviour you want to stop, get down to their eye level, show them the No sign, tell them e.g. 'No climbing' and then direct them to a more appropriate activity e.g. bouncing on their trampoline. No signs can also be used to provide visual representations of rules to a child e.g. if your child likes to eat inedible resources such as playdough. The rule can be visually displayed using a photograph with the No sign placed over the top. If your child is engaging in this behaviour show them the photograph with the No sign and remind 'No eating playdough', then direct them to a more appropriate resource e.g. something they can eat such as food or a chew buddy.

